

# CREMONA SCHOOL NEWS

Turning Today's Learners Into Tomorrow's Leaders

February 2012

General Delivery, Cremona, AB T0M0R0

Phone: 1 (403) 637-3856 Fax: 1 (403) 637-3830

Website: www.cremonaschool.ca

## WHAT'S HAPPENIN'

*Tuesday, January 31*

No school for students

*Friday, February 3*

Middle School Dance 3:30-5:30pm

*Thursday, February 9th*

Pizza Day—No concession

*Friday, February 10th*

No school

*Tuesday, February 14*

*"Formal Day"* Come to school dressed in your finest, to celebrate Valentine's Day!

School Council Meeting 7:00 PM in the library

*Thursday, February 16th, 2012*

CREMONA SCHOOL SCIENCE FAIR

Location: School Library Set-up time: Before 8:30 am

Judging: 8:45 am—1:00 pm Public Viewing: 1:30 pm—2:30 pm Presentations: 2:30 pm

*Friday, February 17th*

Subway Day—no concession

*Monday, February 20th*

Family Day, no school

*Wednesday, February 22nd*

Renaissance Rally—11:15am

*Tuesday, February 21st & Wednesday February 22nd*

Elementary Spell-a-thon

*Thursday February 23 & Friday, February 24th*

Teacher's Convention, no school

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It is very important that parents report all absent and late students to the school office at 403-6373856. Please remind your children that students are to check in at the office before going to class when they arrive late."

## **Art and Science Workshop Liason Coordinators Needed**

The Cremona School Enhancement Society (CSES) has received a grant from TransCanada Pipelines to be used towards our new Arts and Science Workshops for the entire Cremona School student body. These innovative and exciting programs would not otherwise be available to our students.

We are currently seeking two parent volunteers to join and liaise between staff and CSES. They will help determine and organize the types of Art and Science Workshops/Programs to be presented to the student body. This will not be a huge time commitment on the volunteers part but their ideas and enthusiasm is needed.

For more information about these positions please contact: Brenda Eerkes or Jaymee Shea [csesociety2011@gmail.com](mailto:csesociety2011@gmail.com)

## **Supply Wish List**

- Toys for boys - puzzles, games, lego, transformers, bakugans, DS games you are no longer using etc.
- Card making supplies, acrylic paint for our bulletin board projects.
- (For Kindergarten) Empty water bottles or pop bottles (gatorade bottles are best)-Lots of 'em!, toothpicks (new), rice, macaroni, food coloring, vegetable oil, hot glue gun/sticks, clear corn syrup.

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*THANK YOU TO ALL THE PARENT  
VOLUNTEERS WHO HELPED WITH THE  
SKATING PROGRAM.*

## **Yearbooks—2010—2011**

Yearbooks are in and if you purchased one you should receive it in the next week or two. Grade 12 students from last year may drop by the school to pick up their yearbook or it will be mailed out in mid-January.

If you wish to purchase one for \$25 please contact Paige McClement at the school.

### **ATTENTION CREMONA & AREA BUSINESSES**

**YEARBOOK ADVERTISERS NEEDED FOR  
THE 2011-2012 CREMONA SCHOOL YEARBOOK!**

**\$40 - color business card size ad or "Sponsor a page"**

**For more information call Paige McClement or  
Jan Shand at the school.**

**(403-637-3856)**

## **Your voice matters.**

Information for parents:

As an annual check-up on the education system, the Accountability Pillar provides an opportunity for Alberta Education and school authorities to ensure that we're equipping students for success.

The Accountability Pillar uses a set of 16 indicators consisting of surveys of students, parents and teachers on various aspects of quality; student outcomes such as dropout and high school completion rates; and provincial assessments of student learning.

From January to the end of February, Alberta Education will be conducting the annual Accountability Pillar Survey. In January, parents of students in grades 4, 7 and 10 will receive a survey from Alberta Education. In February, students in grades 4, 7 and 10 and all teachers will be completing their surveys online at school.

All surveys are anonymous and ask questions about experiences with the school. Your participation in the survey helps provide important information on the quality of education your child is receiving, so we encourage you to return your survey promptly.

Survey results will be available to school authorities in May 2012, and will be reported publicly as part of their 3-Year Education Plans and Annual Education Results Reports.

## **February Message from the Principal**

*This will be the last newsletter sent home by paper. They will be on the website or can be emailed to you. If you would like a paper copy give us a call and we will send one home. To receive the newsletter by email please go to [www.cremonaschool.ca](http://www.cremonaschool.ca) and subscribe in the bottom left of the page.*

We have some very exciting projects in the works! The programs are a result of Alberta Initiative for School Improvement (AISI and our Professional Learning Communities (PLC) teams. High School teachers are working on a critical thinking unit which all students will take from grades 9-12.

The Middle School staff are currently collaborating with each other as well as staff from Delburne, Carstairs and Cold Lake. The unit is a novel study on the "Hunger Games". Students will be reading the story and creating their own videos based on the novel. We also plan on hosting the "Cremona Film Festival" to showcase their hard work.

Elementary teachers are collaborating with each other in teaching our students powerful questions and writing from picture prompts. Additionally, students will be exploring Robert Munsch stories, as a precursor to the Munsch Puppet Show coming in March.

**New Staff** - We would like to welcome back **Rod Strong** to our staff. He is working with Miss McClement and Miss Sheppard to ensure the students in these bigger classes are well supported. We were able to increase **Jonathan Dowell's** time as well. Jonathan is working with Mr. Youngs and our grade 6 class as well as Mr. Vernon and the grade 5 class.

### **Renaissance Program**

This is the fourth year of Renaissance at our school. The program is an international program which promotes celebrating academic achievements, character building and behaviour. The main objective is to build a positive culture and increase school pride. Many schools in Chinook's Edge also participate in Renaissance programs.

**Background** - In the school year 2008-09 we had a team of staff and parents working in a Professional Learning Community with their goals being to increase school pride, work together as a K-12 school and recognize students' achievement. They attended a Renaissance workshop at Innisfail Middle School to see the program in action. They presented it to administration and a Renaissance team was formed. The following fall was the beginning of Renaissance in Cremona. That year was modelled after the Innisfail program with sponsor funds that were donated for the purchase of large rewards for academic achievement and monthly rallies. At each rally we had guest speakers presenting various character traits. At rallies students received a gift/token which represented our theme for example, Canada pencils for our Support the Troops rally. Feedback from students and parents was that the gifts/tokens were not necessary and the guest speakers had difficulty presenting relevant presentations for all students K-12 so we discontinued those elements.

Year two we introduced ABCD cards which another school had implemented with success. Students who had displayed positive behaviours such as homework completion and good behaviour were recognized and participated in an activity or received a snack. The activities range from sledding to centers with older student leaders, snacks could be a cookie, ice cream etc. In year two we changed up the format of rallies by having students plan and lead them. Additionally, student council began the Battle of the Grades in order to build school spirit and participation. This was very well received and when a Renaissance survey went out the feedback was 86% in favour of the new format. Through the survey feedback it was evident that ABCD cards were not motivational to High School students so we do them for 1-8 which had high student support. During this

second year, staff and parents expressed concerns that the prizes were too large for the academic awards although students were in favour of them. The committee decided to scale back the prizes for year three in response to the feedback. We hoped to honor both adult and student input.

Year three consisted of monthly rallies and ABCD cards for grades 1-8. Rallies were led by students with students actively participating in Battle of the Grades as well as many students and classes showcasing their talents.

Year Four has been a continuation of year three with monthly rallies and ABCD cards. From parent feedback we have discontinued the reward draws for academic rallies with students still receiving discount cards they can use for Cougar Theatre, a smoothie at the concession and other discounts. The first rally of the year was not up to usual standards. Upon review we reduced the number of activities and improved the sound system. The last three rallies have been successful as indicated by student enthusiasm and participation in spirit cheers and Battle of the Grades.

The Renaissance program at Cremona School is always evolving to accommodate the feedback we receive from students, staff and parents. As a K-12 school we are committed to celebrating and recognizing student success while increasing school spirit. We will be doing a follow-up survey as requested by school council and your feedback is appreciated! We invite all parents to attend a rally in order to provide informed feedback to us.

## **Surrounded by Chinook's Edge Values**

A Message from the Superintendent

Teachers and staff in our schools work very hard to ensure quality learning and to provide opportunities for our students to develop new skills. As importantly, we work to build meaningful relationships and nurture a safe and caring culture where each student feels a sense of belonging. We recognize the uniqueness of every single child in our care and we know we don't just help students learn. We have the ability to help them change their lives for the better forever.

From their first day of Kindergarten to the time they graduate from high school, our students are surrounded by values that guide our every effort in Chinook's Edge. Our division's new Mission and Vision statements bring to life the values that we can all be proud of.

### **Mission**

Chinook's Edge School Division will engage every student in meaningful learning by challenging, encouraging and believing in them.

### **Vision**

Chinook's Edge School Division will be universally recognized as a collaborative learning community where learning is personalized for all students to achieve success as compassionate and innovative global citizens.

**Kurt Sacher,  
Superintendent of Schools**

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## **FAMILY SCHOOL WELLNESS**

Family School Wellness introduces 'Parent Talk' in Cremona – a monthly get together to discuss various issues that children, teens and families face.

Our first meeting will be on **Wednesday February 8<sup>th</sup> from 6:30 - 9pm at Cremona's Community Engagement Site**. We will be viewing the movie 'Trust' which takes a close look at the damaging effects an online predator has on a family. The parents of a 14-year-old girl are stunned to discover she has been victimized by an adult who gained her trust posing as a teenager on a chat room.

More and more these days, kids have an increased interest in spending time online for entertainment, socializing and exploring new interests. Modern technologies offer incredible possibilities as long as you are aware of the risks. By understanding what the online world offers, you can empower your child with skills to help her/him engage with technology in a safe and responsible way. This 'Parent Talk' will include information about the common interests of kids, considerations around safety, and the strategies to build their knowledge and competence online.

Our second meeting will be on **Tuesday, March 13<sup>th</sup> from 6:30 - 9pm at Cremona's Community Engagement Site**. We will be viewing the documentary 'Miss Representation' which takes a close look at main stream media being the most pervasive force shaping cultural norms, the collective message that our young women and men overwhelmingly receive is that a woman's value and power lie in her youth, beauty, and sexuality - and not in her capacity as a leader. After the movie there will be a discussion.

Hope to see many of you there :)

**Robbin Alexander** BA, BSW Family School Wellness Worker, Cremona School

*"Promise me you'll see the good in every child"*

## Love your Body!

Body image is the mental picture we have of our bodies. It is affected by how one feels and values themselves. Those who feel really good about themselves, usually have a healthy body image.

As children's bodies grow and change it is important to promote a positive body image. Eating healthy, being physically active and getting enough sleep are some ways to help them learn to love their body!

Promote a positive body image:

- Enjoy a variety of healthy foods at regular meal times

- Be physically active
- Encourage your child's unique interests
- Be a positive role model (don't criticize yourself or others for size or shape)
- Get enough sleep
- Discuss unrealistic media images

For more information for ages 6-12, please visit:

[http://www.healthyalberta.ca/Documents/HEAL\\_6\\_to\\_12\\_2008.pdf](http://www.healthyalberta.ca/Documents/HEAL_6_to_12_2008.pdf)

For more information for ages 13-18, please visit:

<http://www.healthyalberta.ca/Documents/>

## Cremona School Classroom Representatives 2012

Cremona School Council has been working with the school administration and staff to establish a better means of communication between the teachers/classroom and parent volunteers. One of the roles that has been established to better facilitate this is that of the Classroom Representative.

The Classroom Representative is the primary source of communication for volunteer requirements between the teacher and parents of that classroom. The teacher and classroom representative communicate on a monthly basis to determine what voluntary needs are required in the classroom for that month. The classroom representative will then communicate these needs the parent volunteers.

The Classroom Representative maintains a current list of parent volunteers for their child's class and coordinating volunteers for any tasks required by the teacher of that classroom along with requesting volunteers for school and/or general events.

The Classroom representatives for the 2011-2012 school year are as follows:

Grade	Teacher	Class Representative	Email address	Phone number
Kindergarten	Mr Jacobson	Jane Heaney	<a href="mailto:happyrunnerchick@gmail.com">happyrunnerchick@gmail.com</a>	
Grade 1	Mrs Robertson	Tammy Emond	<a href="mailto:tammyemond@hotmail.com">tammyemond@hotmail.com</a>	
Grade 1	Mrs Ortman	Lori Whitlow	<a href="mailto:lwhitlow@velocitynetworks.ca">lwhitlow@velocitynetworks.ca</a>	
Grade 2	Mrs Kellert	Karen Olson	<a href="mailto:olsonk@bell.net">olsonk@bell.net</a>	
Grade 3	Mrs Sheehan	Laurie Harbidge	<a href="mailto:Candbmum2005@yahoo.ca">Candbmum2005@yahoo.ca</a>	
Grade 3	Mrs Smith	Andrea Reid	<a href="mailto:areid@ualberta.net">areid@ualberta.net</a>	
Grade 4	Miss Sheppard	Tracey Ducharme	<a href="mailto:traceyducharme@shaw.ca">traceyducharme@shaw.ca</a>	
Grade 5	Mr Vernon	Mary Anne Bouck	<a href="mailto:patmamb@rogers.com">patmamb@rogers.com</a>	
Grade 6	Mr Youngs	Teri Minton	<a href="mailto:Minton_dyke@yahoo.com">Minton_dyke@yahoo.com</a>	
Grade 7	Miss McClement	Shera Scott	<a href="mailto:Dsscott2@telus.net">Dsscott2@telus.net</a>	
Grade 8	Mrs Olhoff	June Beaton	<a href="mailto:joonellen@yahoo.ca">joonellen@yahoo.ca</a>	
High school	All teachers	Jessica Hughes	<a href="mailto:jhughes@jessicajane.ca">jhughes@jessicajane.ca</a>	

## COUNSELLOR'S CORNER

The current Grade 12s are well on their way to Post-Secondary! They have made excellent and informed choices which include the University of Calgary, University of Lethbridge, Mount Royal University, and SAIT! Parents and students, our "local scholarships" will be arriving soon so please call if you have questions!

I will begin the Grade 11 interviews in February, some of them already have next year planned and others are still researching. We will also do some personality surveys for those who have no idea!

I have booked a couple of presentations with the "Learning Connection" group. They will speak with the Grade 10 and 11s on FEBRUARY 22 from 1:00-3:00 regarding careers, school, RAP, and life after High School.

Holly Allen with "Learning Cliks" will be presenting to the Grade 8s and 9s on FEBRUARY 13TH FROM 1:00-3:00. I have already talked with the Grade 8s about High School Graduation requirements and the importance of marks for "levels" in High School and I will return to do the "Matchmaking" portion of Career Cruising in early February. It will give them some ideas on future careers and schooling.

If any parents, friends, or siblings wish to join us for these presentations, please call, we'd love to have you!

Ruth Dougherty/Guidance

### February 8, 2012 Winter Walk Day

Every winter thousands of Albertans celebrate Winter and walking by participating in Winter Walk Day in February.

Walking is great for our health, the environment, reducing traffic and building community! Simply become a SHAPE member and we will send you information and schools will receive participant items for each student. Then on Winter Walk Day record and report the total minutes your group walked by logging back into your membership.

Everyone is welcome to join in including schools, seniors' centres, commuters, individuals and families. Dress warmly, get outside, and enjoy the fresh, crisp Alberta air!

#### Tips to keep warm and dry:

- \*Listen for the windchill index with the weather forecast. The index likens the way your skin feels to the temperature on a calm day. For example, if the outside temperature is -10°C and the wind chill is -20, it means that your face will feel as cold as it would on a calm day when the temperature is -20°C
- \*Dress in breathable layers to keep warm and avoid overheating
- \*Wear a hat. Most of your body heat is lost through your head.
- \*Wear warm, waterproof boots, roomy enough to allow wiggle room for your toes.

### CONCESSION

- Feb 1 to Feb 3 Gung Hay Fat Choy!**  
**(Happy Chinese New Year- Year of the Dragon)**  
Chinese Dumplings and an egg roll \$4  
Wonton soup \$2.50
- Feb 6 to Feb 8 (closed Feb 9 for Pizza Day)**  
Grilled Ham and Cheese Sandwiches \$3.50  
Spinach Salad \$3.50
- Feb 13 to 16 (closed Feb 17 for Subway Day)**  
Beef on a bun, au jus, with caramelized onions and cheese \$4.50  
Broccoli Salad \$3.50
- Feb 21 and 22—no specials**
- Feb 27- March 2**  
Chicken strips, veggies and dip- \$4.50  
Ham and Bean Soup \$2.50

### BAND NEWS

- Thanks to everyone that brought goodies for the band concert and all of the parents that helped set-up and tear-down after the concert.
- The grade 7/8 band will be travelling to Edmonton on Feb. 27-28. Students need to arrive at regular school hours. The bus will leave at 9:00 a.m. sharp. All fees for Edmonton need to be in by Feb. 21. Notices were mailed home.
- The band students will once again be selling Coco Brooks Pizza this month. If you are interested in ordering contact Mr. Jacobson or any student in band to place your order.

## Cremona Ski Trip To Nakiska Friday, March 9

6:30 a.m. — 5:15 p.m.

Join us for a great day of skiing or snowboarding. Hop on the bus and take a day trip to go skiing. EVERYONE WELCOME!  
Children under 10 years of age must have an adult with them.

REGISTRATION DEADLINE IS FEBRUARY 21ST!

Costs:

Grade 1—6 \$78 with lesson \$50 no lesson

Grade 7—9 \$88 with lesson \$60 no lesson

Grade 10—12 \$103 with lesson \$75 no lesson

Adult \$131 with lesson \$101 no lesson

◊ These prices include rental, lift & bus. G.S.T. is extra

Pick up & drop off at the FCSS Office

Registration forms available at FCSS Office Call 403-637-3731



In Partnership with Town of Carstairs

Cremona



# The BIG COOK

Do you want to prepare nutritious meals for your family, but find it hard to make the time? Come try THE BIG COOK! In a few hours you will create 18 freezer meals, ready to throw in the oven or crock pot!

## Menu

Quebecois Chicken  
Grill of a Lifetime  
Sesame Sweet Chicken  
BBQ Beef  
Mighty Meatballs  
All You Need is Loaf

Friday, March 23

7:00—9:00 pm

Location to be confirmed

\$250/18 meals (\$14/meal—each meal feeds 4 to 6 generously)

Participation on 1st come, 1st served basis. Only 12 spaces available!

Registration & Payment Deadline—March 14.

(After this date you are fully committed. We are unable to accommodate any changes after this date, as the order will all ready be placed)

Register today by calling Cremona FCSS @ 403-637-3731

## Family Skating - Feb 20 (Family Day) 1 to 3 pm.

Everyone is welcome! \*\*Anyone under the age of 18 is REQUIRED to wear a helmet regardless of skating ability\*\*

A partnership between Cremona Ag Society & Cremona FCSS

## ROPING PRACTISE (DUMMY ROPING)

For Elementary students every Tuesday during lunch hour. Play ropes are best and can be secured at school from week to week if desired.



No ropes/roping will be allowed on the playground.

Identifying ropes with felt marker is encouraged.

Come out and join us.  
Mr. Strong

## ELEMENTARY SPELL-A-THON

Cremona is holding a Spell-a-thon fundraiser. Students will be gathering pledges from Feb. 3rd to the 28th and will collect those pledges for the correct number of words spelled from their grade-appropriate word list. The written Spell-a-thon test will be conducted on Tuesday, Feb. 21st or Wednesday, Feb. 22nd.

All students who return a completed pledge form will have their name entered into a draw.

**ALL SPELL-A-THON ENVELOPES MUST BE RETURNED TO SCHOOL, EVEN IF NO MONEY IS COLLECTED.**



NATIONAL HEART HEALTH MONTH  
American Heart Association  
Learn and Live

### February 2012 Parent LINK Centre

MONTHLY EVENTS	Tue	Wed	Thu
<b>Play on Family Day!</b> Feb 20		<sup>1</sup> <b>Drop In Play</b> 9:30 am - 12:30 pm Child Dev Check Ups	<sup>2</sup> <b>Drop in Play</b> 9:30 am - 12:30 pm
<b>Valentine's Day</b> FEB 14	<b>Rhymes and Learn</b> 9:30 am - 12:30 pm Child Dev Check Ups 12:30 pm - 1:00 pm	<sup>8</sup> <b>Drop In Play</b> 9:30 am - 12:30 pm Child Dev Check Ups 12:30 pm - 1:00 pm	<sup>9</sup> <b>Drop in Play</b> 9:30 am - 12:30 pm
<b>Rhyming Together</b> Feb 14 - April 24 10:00 am - 11:00 am For customized parenting plans call: 993-3330	<b>Rhyming Together</b> 10:00 am - 11:00 am <b>Drop In Play</b> 11:00 am - 1:00 pm	<sup>15</sup> <b>Drop In Play</b> 9:30 am - 12:30 pm Public Health 9:30am - 11:00am Child Dev Check Ups 12:30 pm - 1:00 pm	<sup>16</sup> Closed for Professional Development
<b>Health Nurse</b> Every 3rd Wednesday Alberta Health Services Cremona Health Centre	<sup>21</sup> <b>Rhyming Together</b> 10:00 am - 11:00 am	<sup>22</sup> <b>Drop In Play</b> 9:30 am - 12:30 pm Child Dev Check Ups 12:30 pm - 1:00 pm	<sup>23</sup> <b>Drop in Play</b> 9:30 am - 12:30 pm
<b>ASQ3</b> Ages & Stages Questionnaires THIRD EDITION	<sup>28</sup> <b>Rhyming Together</b> 10:00 am - 11:00 am <b>Drop In Play</b> 11:00 am - 1:00 pm	<sup>29</sup> <b>Drop In Play</b> 9:30 am - 12:30 pm Child Dev Check Ups 12:30 pm - 1:00 pm	

**parentLINKcentre Alberta**

**Located at:**  
Cremona Congregational Church  
202 2nd St. West

**For more info:**  
Jill  
993-3330  
Email: cremona@mountainviewparentlink.org  
www.mountainviewparentlink.org  
www.parentlinkalberta.ca

## Kindergarten Registration for 2012-2013

Chinook's Edge is now accepting registrations for next Kindergarten year, and we look forward to welcoming Kindergarten students into our safe and caring school communities!

To attend Kindergarten in August 2012, children must turn five years old by December 31, 2012 and a birth certificate will be required for registration. Accommodation may be made for four year-olds with special needs. There are no school fees for Kindergarten students in Chinook's Edge School Division.

Call Cremona School at 403 637-3856 for more information. We look forward to welcoming your child to Chinook's Edge,  
Where Students Come First!

EPCOR CENTRE for the Performing Arts and

TransCanada present:

### Young Songwriters Intensive

EPCOR CENTRE invites interested high school youth ages 15-19 who are from the Chinook's Edge School Division to apply to participate in our Young Songwriter's Intensive Program in Olds. This is a unique opportunity for like-minded young artists to hone their skills in song writing, creative writing, technical skills and learning more about the music industry, all while collaborating with professional musician/instructors in hands-on workshops.

The weekend concludes with the Young Songwriters Jam session at the TransCanada Theatre - Fine Arts & Multi-Media Centre in Olds, Alberta. Family and friends of the participants are invited to attend the Young Songwriters Intensive Jam.

*Participation in the Young Songwriters Intensive is free of charge due to generous funding by TransCanada Corporation. Program enrolment is limited to 12 participants.*

As part of the Young Songwriter's Intensive, participants will be provided with dormitory accommodation on campus in Olds for the weekend, under the supervision of Chinook's Edge and EPCOR CENTRE staff. All Young Songwriter's Intensive programming, accommodation and meals will be provided free of charge for successful candidates. Transportation to Olds is not provided. **DEADLINE EXTENDED**

*For More Information Please Contact:*

403-294-7455 ext 1458

ySi@epcorcentre.org

### JV BOYS BASKETBALL

The JV boys have home games coming up in February and March:

- February 7<sup>th</sup> at 7pm @ Cremona Gym
- Then, **IF** we stay first in our league, semi-finals and finals will be in OUR house...
- February 21st - semi-finals - 7pm... watch for confirmation
- March 6th - finals - 7pm



**Let's fill the stand Cremona!**

The boys need your support!

These positions are available for the Spring/Summer season at Camp Kindle. Please follow the links below to see the job descriptions or to the website:



<http://www.kidscancercare.ab.ca/careers.htm>

- 2012 Team Leader - Closes February 10, 2012
- 2012 SunRise Program Coordinator - Closes February 10, 2012
- 2012 Program Coordinator - Closes February 10, 2012
- 2012 Outdoor Programmer - Closes February 10, 2012
- 2012 Camp Lifeguard - Closes February 10, 2012
- 2012 Camp Counsellor - Closes February 10, 2012
- 2012 Housekeeping - Closes February 10, 2012
- 2012 Camp Cook - Closes February 10, 2012
- 2012 Assistant Cook - Closes February 10, 2012

### Treat the Teachers

To say **THANK YOU** to our teachers for all their hard work, we'd like to challenge each class in Cremona School to take a turn to **TREAT ALL OUR TEACHERS!** Each month, one class will take a turn to provide snacks or treats for the teachers any time during the week. Please drop your baking/snacks/etc. off at the staff room prior to noon during your Treat the Teacher week of the month listed below. It is up to you how your child's class will treat all the teachers! As you all know, the staff at Cremona School work very hard to ensure our kids have every learning opportunity available to them, and they are a very dedicated group. This is a simple way for the parent body to show their appreciation to the staff for everything they do with our kids.



If you have questions, please contact Tanya Shand via email: ctshand@gmail.com or phone: 403-637-0250.

<i>Treat the Teacher Dates</i>	
Week of February 6 - Grade 5	Week of April 9 - Grade 7 & 8
Week of March 5 - Grade 6	Week of May 1 - Grade 9 & 10
Week of June 4 - Grade 11 & 12	

# Cremona Community Engagement Site

Located at Cremona School  
P.O. Box 141, Cremona, Alberta T0M 0R0  
206—3rd Street East  
Jan Shand—Program Coordinator  
Phone: 403.637-3856  
E-mail: [jshand@chinooksedge.ab.ca](mailto:jshand@chinooksedge.ab.ca)

*Opportunities to Learn*  
"A Campus Alberta Central Learning Site"

## SENIORS HEALTH CAFÉ 3-PART SERIES

Session 1: Ten Secrets to a Longer Life: February 14

Session 2: Becoming a Late Bloomer: March 14

Session 3: Our Memory as We Age: April 11

Time: 1:00 pm—3:00 pm

Cost: \$10/session or \$20 for all 3 sessions

Location: Cremona Community Engagement Site

Please pre-register by calling Jan at 403 637-3856 or by email:  
[jshand@chinooksedge.ab.ca](mailto:jshand@chinooksedge.ab.ca)

## HORT WEEK 2012—Winter Speaker Series

Winter is a great time to begin planning your yard, garden and landscaping and now you can learn more about it while we await spring's arrival! Get a taste of the Hort Week experience at these **FREE** presentations.

WEDNESDAY ♦ Feb 22 ♦ 7–8:30pm **FREE** - Residential

Landscaping Basics with Angela Sommers

WEDNESDAY ♦ Mar 28 ♦ 7–8:30pm **FREE** - Environmentally

Friendly Yards with Dr. Ken Fry

## FEBRUARY BOOK CLUB

Wednesday, February 8<sup>th</sup> 7:00 pm – 8:30 pm **FREE**

The Forgotten Garden – by Kate Morton

From the #1 internationally bestselling author of The House at Riverton, a novel that takes the reader on an unforgettable journey through generations and across continents as two women try to uncover their family's secret past.

## TRAVEL TIDBITS

PERU WITH THE PEREVERSOFFS

TUESDAY ♦ FEB 21 ♦ 11:00 AM – 12:30 PM

\$10/PERSON INCLUDES LUNCH

Repeat 7:00 PM – 8:30 PM

\$5/PERSON (snacks)



## COMPUTER "KNOW HOW"

Wednesdays 7:00—8:30 pm

Cost: \$20/session

February 15<sup>th</sup>—Virus Protection

February 29<sup>th</sup>—Cleaning Up Your Computer

March 14<sup>th</sup>—Transfer Photos to computer, Facebook, etc.

March 21<sup>st</sup>—Using Skype

## CONVERSATIONAL SPANISH

Monday, February 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>, March 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>

Time: 7:00 pm – 9:00 pm

Cost: \$100 includes dictionary

\$90 if you already have a dictionary

## FUNDRAISING SKILLS & IDEAS

Thursday ♦ February 16<sup>th</sup>

11:30 am – 1:00 pm ♦ \$10/person

This session is focused on widening your view of fundraising activities and providing you with over 200 ideas for fundraising projects.

## Community Education Service

### Music Therapy: What Is It and Why Does It Work?

The session will cover where music therapy came from, how it works, and what can be done to make people more aware of its possibilities. How it works with the brain injured, adults and children with developmental delays, mental health, oncology, and Individuals in extended care facilities.

Date: Thursday, February 16, 2012

Time: 11:00 – 12:30 pm

Sign in: 10:45 am

Cost: FREE

Please call to pre-register for this session.

## CARD MAKING CLASSES

Tuesday, Feb. 14<sup>th</sup>

Birthday card using brads, thread and dimensional tape & Tri-fold Card using Stickles Glitter Glue.

Time: 7:00 pm—9:00 pm

Cost: \$25/class includes kits to make 2 cards & 1 to take home to finish.

Please register one week prior to each class by calling Jan @ 403-637-3856 or by email: [jshand@chinooksedge.ab.ca](mailto:jshand@chinooksedge.ab.ca)

Tuesday, Feb. 28<sup>th</sup>

Baby cards/gift card/money holder

Tuesday, March 13<sup>th</sup>

Masculine cards using heat embossing

Tuesday, March 27<sup>th</sup>

Cards using the peel-off stickers and various colouring techniques.

**DEADLINE FOR ORDERS:  
FEBRUARY 16TH  
CUSTOMER  
ORDER FORM**



**Grade:** \_\_\_\_\_ **Teacher:** \_\_\_\_\_

PLEASE INDICATE HOW MANY BAGS OF EACH GRIND YOU WANT

COFFEE (1lb/454g bag)	<input type="checkbox"/> AGTRON ROAST (lower # = darker roast)	Whole Bean	Fine Grind	Filter	Percolator	Espresso	Price	Total
Spitfire Long Bottom's	19 Deep and very, very dark						\$15	
Vienna Double Roasted	24 Delicately dark with a nutty, smoky finish						\$15	
Dog and the Trombone	28 A classic espresso with a thick, sweet crema						\$15	
Mexican Aztec Gold	33 Volcanic blend that blasts the cup; sweet and bold						\$15	
Puerto Columbian	37 Zesty and full with a hint of chocolate						\$15	
Rockets from RosaRita	37 Wakes you up & powers you thru the day						\$15	
West Coast Roasted	38 Balanced for am, pm and fm, too						\$15	
Bolivian Chestnut Brown	38 A rich, spicy flavour is found in this organic						\$15	
Guatemalan Highlands	39 Goes all complex when roasted						\$15	
The Toothless Dog	24 SW Decaf; gentle yet full of character						\$16	
Irish Cream Dessert Coffee	38 Smooth as the cheek of an Irish lass						\$16	
French Vanilla Dessert Coffee	38 Tres French, ooo la vanilla						\$16	
Hazel Nuttier Dessert Coffee	38 Nuttin's nuttier than hazel						\$16	

ORGANIC GARDEN TEA		Quantity	Price	Total
Black Tea/Orange Pekoe (25 bags)	So smooth in the cup		\$6.25	
Orange (25 bags)	Peel the orange; serve hot or cold		\$6.25	
Earl Grey (25 bags)	Finest Ceylon blend with bergamot oil		\$6.25	
Green Tea (25 bags)	Used for health benefits; pale grassy colour and sweet fragrance		\$6.25	
English Breakfast (25 bags)	A full-bodied blend of Ceylons and Darjeelings		\$6.25	
Lemon (25 bags)	Deliciously tart and fresh		\$6.25	
Ginger (25 bags)	Ginger known as a "wonder" root, has been used for medicinal purposes		\$6.25	
Jasmine (25 bags)	Smooth, exotic and tasty		\$6.25	
Chai (25 bags)	Exotic blend of organic black tea and spices		\$6.25	
Rooibos Natural (20 bags)	High in nutrients, with anti-oxidant properties		\$6.25	
Rooibos Vanilla (20 bags)	Deliciously vanilla		\$6.25	
Rooibos Lemon Mint (20 bags)	Minty, with lemony zest		\$6.25	

COCOA CAMINO ORGANIC CHOCOLATE		Quantity	Price	Total
Hot Chocolate (336g can)			\$8.50	
Dark Hot Chocolate (336g can)			\$8.50	
Organic Cocoa Powder (224g can)			\$8.50	

**Customer's name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Grand Total:** \$

**Customer's email:\*** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Seller's name:** \_\_\_\_\_ **Seller's phone:** \_\_\_\_\_

**Please make cheque payable to:** \_\_\_\_\_

\*EVERY SO OFTEN, WE LIKE TO COMMUNICATE WITH CUSTOMERS BY EMAIL. THESE MESSAGES COULD INCLUDE PROMOTIONAL OPPORTUNITIES OR SELECT FUNDRAISING ANNOUNCEMENTS. PROVIDING YOUR EMAIL ADDRESS INDICATES YOUR CONSENT TO RECEIVE THESE EMAILS. WE WILL BE CONSIDERATE OF YOUR PRIVACY AND WE WILL NEVER, EVER SELL, LEND OR RELEASE ANY INFORMATION COLLECTED FROM YOU.

# February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 <i>Middle School Dance</i> 3:30-5:30 pm	4
5	6	7 <i>J.V. Boys Basketball</i> <i>Cremona 7 pm</i>	8	9 <i>Pizza Day</i>	10 <i>No school</i>	11
12	13	14 <i>"Formal Day"</i>	15	16 <i>Science Fair</i> <i>Library</i>	17 <i>Subway Day</i>	18
19	20 <i>No School</i> <i>Family Day</i>	21	22 <i>Renaissance Rally</i> <i>11:15 am</i>	23	24	25
26	27	28	29		<i>Teacher's Convention</i>	