# OCTOBER 2023

Cremona School Newsletter Oct 2023 Edition 206 - 3rd Street E Cremona AB TOM ORO

1	2	<sup>3</sup> **School Photo Day** Water Exp course leaves (845am)	<ul> <li>Cross Country Divisionals at Sundre</li> <li>Band Society AGM</li> <li>7pm - Library</li> </ul>	5 Grad Meeting 6pm - Library	6 WLD2167 NO SCHOOL Water exp course returns (4pm)	7
8	<sup>9</sup> HAPPY THANKSGIVING DAY!	10 Inter-Agency Meeting 6:30pm - Library	11 Cross Country Zones at Trochu	<b>12</b> Band Society Apples delivered today Dual Credit	13	14 Sr Boys @ Olds Sr Girls @ Banff
15	16 School bus safety week	17 <mark>WLD 2167</mark>	18 Cutoff to buy Subway is today at <b>noon</b>	19 Pizza Day!	20 NO SCHOOL Professional Learning Day for staff	21 Sr Boys @ Holy Cross
22	23 Cardboard Haunted House display in Library begins (see poster) Gr 5&6 Band Camp!	24	25 Subway Day	26	27 Bus Safety Poster Deadline	28 Sr Girls @ Wheatland
29	30 WLD 2167	31 HALLOWEEN DRESS UP DAY!				



## From the Principal's Desk



September was a fast paced month with lots of excitement in and around the school. We have also welcomed the beautiful weather and taken the opportunity to get outside and enjoy the fall. Our annual Terry Fox Run was held on September 21 with all the students having an opportunity to reconnect with their house color teams. Thanks to all those that donated to our fundraiser and to those that volunteered that day.

September was also a time to celebrate the previous year's academic success. Our academic awards were well attended and gave us an opportunity to welcome back some past graduates. A total of up to \$20,500 was awarded that night. Thanks to all the sponsors and presenters that made it happen and special thanks to Mr.Hutcheon for all he does to host the event.

Our school sports are in full swing. Our cross-country teams have made a great start to our year. They have participated in training and competitions around the area. Golf has also taken place this month with a tournament in Bowden. We have many Volleyball teams running this year. Many of the students from grade 7 - 12 are actively participating in intercollegiate volleyball. The students are learning and working on skills at their weekly practices and challenging other teams around the zone and beyond. As part of our teams being up and running, we once again require parents and guardians to have an **up to date police record check on file.** 

### A few reminders as we head in to October:

 October weather can be unpredictable at times, so please be prepared for the changing elements. We at Cremona like our recess time and enjoy it more when dressed appropriately;

- Please communicate absences to the school by calling the office. Also, a quick message to the teacher helps keep everyone in the loop;
- Please let your bus driver know if there is a change in your child being on or off the bus during a school day;
- For 5-12 students, look for updates to your child(s) progress on PowerSchool;
- Lastly, having indoor shoes can help keep our school cleaner and the floors safer.

### Update on Parent Groups/Committees in the school:

- In October, in lieu of a parent-council meeting, we are hosting our first interagency meeting. This is an opportunity for current board members from School Council, CSES, Band Society, and our Grad Committee to sit down and discuss not only their importance to our school/community but also to map out fundraising plans within the school. The next regular school council meeting will occur in November.
- In regards to our Cremona School Enhancement Society (CSES), they held their AGM on September 25. From this, they still have a vacant secretary position and are looking for anyone interested in helping out to reach out to myself or a CSES member. This group is the fundraising body of the School Council. This is the group who has provided us with funds to build a playground, purchase recess equipment, upgrade sound systems etc. We are in need of a bit of a playground upgrade, this group is in need of people. We encourage all parents/ guardians to join. Your volunteering is truly appreciated.

Thank you all for your continued support of our school, staff and most importantly our students.

Darryl Korody Principal Cremona School

## Cremona School academic awards

On Thursday, September 21st, 2023 we were pleased to acknowledge the following students at our annual Academic Awards Ceremony! Many of our students earned honour roll status and the following were major award recipients:

## MIDDLE SCHOOL HONOUR ROLL (80% yearly average in cores, no less than P in complementary)

Grade 5: Bella Hindes, Rilynn Holmberg, Anna Hrnic, Payton Lefaivre, Bryn Ricci

Grade 6: Nia Ferner, Eliana Jove, Ezra Fitch

Grade 7: Easton Drake, Jacob Foat, Bentley Quigley

Grade 8: Emmett Docherty, Mason Lindberg

### MIDDLE SCHOOL HONOUR ROLL WITH DISTINCTION (90% yearly average in cores, no less than P in complimentary)

Grade 5: Mackenzie Bellamy, Haven Edmond, Isaac Foat, Jordy Germain, Jack Hallett, Grace Kempster, Jadyn Lefebvre, Taya Lepp, Kade MacDonald, Leo Matz, Roman Reid, Ada Ryan, Daxton Williams

Grade 6: Adrian Anderson, Dylin Chapin, Cyera Dorosz, Kale Earle, Ryder Lefaivre, Cameron McKinnon, Bella Quigley, Jillian Reid, Ainsley Wiebe, Clara Savage, Ethan Lema, Nevelle Ireland, Brynlie Hogg, Austin Temple

Grade 7: Kade Davidson, Claire Friesen, Micah Lefebvre, Evelyn Reid, Lynelle Reid, Jasper Gano, Tristan Wiebe

Grade 8: Chase Anderson, Everett Docherty, Katrina Friesen, Kami Heimbecker, Addilee Lerbekmo-Joyes, Oliver McKinnon, Nathaniel McPike, Joel Reid, Alexa Whittaker

Grade 9: (an average of 80% or higher in 4 cores plus their highest option)

Landon Graham, Reece Lefebvre, Tyler Lema, Sara Neufeld, Jonah Olfert Wiens, Sam Olfert Wiens, Justin Rathwell, Cooper Scott, Jarett Scott

#### Grade 10: (based on Rutherford Scholarship requirements)

Brooke Anderson, Andie Dufresne, Griffin Halverson, Isaac McPike, Frank Pike, Charlotte Reid

Grade 11: (based on Rutherford Scholarship requirements) Ciella Fitch, Abigail Manness, Ayden Lindberg, Charlie Shi

## Grade 12: (based on Rutherford Scholarship requirements)

Carmen Reid, Sheridan Whitlow, Emma Hemphill, Ian Docherty, Julie Daum, Owen Cameron

## **TOP ACADEMIC**

Grade 9:	Reece Lefebvre
Grade 10:	Brooke Anderson
Grade 11:	Abigail Manness

Middle School Leaping Learners: Taya Lepp, Tysen Nawrot, Jaxson Desjardins, Khloe Blain, Lilly Hill

## **CITIZENSHIP AWARDS - COUGAR PRIDE**

Grade 5:	Ada Ryan
Grade 7:	Tristan Wiebe
Grade 9:	Sara Neufeld
Grade 11:	Charlie Shi

Grade 6: Grade 8: Grade 10: Cameron McKinnon Alex Fournier Brooke Anderson



## **GRADE 12 SCHOLARSHIPS**

CREMONA/WATER VALLEY CHAMBER OF COMMERCE SCHOLARSHIP: Sheridan Whitlow

SMALL TOWN BIG DREAMS (Top in Sciences): Owen Cameron

AUDREY K BEVRIDGE MEMORIAL AWARD (Top Eng 30-1): Owen Cameron

MODERN WOODMAN MATH AWARD (Top Math 30): Owen Cameron

COUNTY CITIZENSHIP AWARD: Sheridan Whitlow

CREMONA FAMILY HEALTH AND WELLNESS SCHOLARSHIP: Sheridan Whitlow

CREMONA LIBRARY - SANDRA HERBERT SCHOLARSHIP: Owen Cameron

LIONS CLUB AWARDS: Top mark of Eng 30-2 and Social 30-2: Jesse Mork

LIONS VOLUNTEERISM: Sheridan Whitlow

FINE ARTS: Band: Ian Docherty

Art: Emma Hemphill French: Carmen Reid

PREMIER'S CITIZENSHIP AWARD (Gr 12 nominated by staff): Carmen Reid

SCHULICH NOMINEE: Julie Daum

GOVERNOR GENERAL'S AWARD (Top Gr 11 and 12 marks): Owen Cameron

On behalf of the students and staff at Cremona, we appreciate your generous donations to help our students further their education!

Thanks to everyone who attended and helped to organize the event!



Thank you to our Generous Community!

Cremona School's scholarship donations for academic achievement are numerous and extremely generous. Post-secondary is expensive and we are proud of the number and percentage of students who continue to learn after leaving our school. Many of them have benefited from the following donors, we are so thankful!

- ★ The Bevridge family for the Audrey K Bevridge Award
- ★ The Modern Woodman Group for the Top 30-1 Math Award
- ★ Mountain View County for the Citizenship Award
- ★ Cremona Family Health and Wellness Scholarship
- ★ Cremona/Water Valley Chamber of Commerce Scholarship
- ★ The Cremona Library for the Sandra Herbert Scholarship
- ★ Aaron Eslinger and family for the Small Town, Big Dreams Scholarship

A special thanks to **our local Lions Club**, you are amazing! They provided the following:

- ★ Fine Arts Awards Music, Art, and French
- ★ Top English and Social 30-2 Award
- ★ Volunteerism Award (\$1000)

Also, a huge thank you again to the **Cremona School Enhancement Society** who annually provide us with gifts for our Honour Roll students.

*Olef Hutcheon* Teacher/Academic Advisor



## **School Health Nurse News**



My name is Andrea Reid. I am the School Health Nurse assigned to Cremona School, a role that I am passionate about as I am also a parent and member of this school community. I work out of the Didsbury Community Health Office and have done so for the last 17 years.

On Sept 27<sup>th</sup> I was able to attend the grade 6 and 9 classes to talk about our school-based vaccination program. I talked about illness prevention and the diseases we vaccinate for. I have sent home consents forms and parent information sheets with each student in grade 6 and 9 students for you to consider. The school vaccination program is being offered in the school setting to make routine childhood vaccines more accessible.

Please sign the consent form if you would like your student to be a part of the school program or write refused on the form if you are declining. Please return all forms to the school as soon as possible. We will be coming to the school on Oct 19<sup>th</sup> to vaccinate just the students we have consents for.

If you have any concerns or questions regarding the school vaccination program or any other school health concerns, please let me know. You can contact me at 403 335-7292

Please click on the attached link for the Healthier Together - Schools October Newsletter from AHS.

#### October 2023 AHS school newsletter

Counsellors · CORNER ·

September was a busy month in the world of Career Connections here at Cremona School. Recruiters from Olds College and Red Deer Polytechnic came to our school to promote their respective post secondaries to our High School students. A group of Grade 11 and 12 students had the privilege of having a campus tour of both U of C and SAIT. Finally, we honoured our students for their academic success during our annual Academic Awards Ceremony.

October will also be a busy month in regards to post-secondary exploration. Below is a schedule for all of our post-secondary presentations for the month: October 10th - University of Lethbridge October 11th - University of Calgary October 18th - SAIT October 18th - SAIT

For Grade 12 students interested in attending post-secondary next fall, applications open in October. If you are interested in applying for a college program, please be diligent in your applications as some programs are first apply, first admitted, meaning the earlier you apply, the more likely you will be accepted. As for students interested in the University route, it is less urgent as acceptance is based on academic performance.

Post-Secondaries all around the province are running open houses in October. These are a great way to tour the campuses and get more information about specific programs. Open houses are also a great idea because some institutions will waive any application fees if you apply to a program at an open house. If you are interested in attending an open house, you will have to go onto the respective post-secondaries websites to register for the events. Below is a list of open houses:

October 14th - Olds College Open House October 14th - University of Alberta Open House October 21st - Mount Royal University Open House October 21st - Lakeland College Open House October 21st - University of Lethbridge Open House October 25th - Lethbridge College Open House October 28th - Lethbridge College Open House October 28th - University of Calgary Open House October 28th - Ned Deer Polytechnic Open House October 28th - NAIT Open House November 3rd & 4th - SAIT Open House

Finally, Didsbury High School has invited us to their ELAA event on October 25th from 1-2:30PM. At this event, all of Alberta's post-secondary institutions will have a booth set up in the atrium of Didsbury High School. We will not be taking a bus to the event, so it is up to individual students to arrange a ride and to receive an excused absence from school if they want to attend. Didsbury High asks that we sign in at their front office before entering the event.

## Cardboard Haunted House Contest

Create your own structure at home using Cardboard for your house and base. Other decorations can be added

Bring your creations to the Library on Oct. 23 & 24 where they will be displayed until Oct 31. Winners will be announced that afternoon

Winners will receive book fair certificates





Starting Oct. 23, 25, 27 & 30 2pm - 3pm

## Watch for posters!!!





- CONGRATS to our staff members on their milestone years of service with Chinook's Edge School Division!!
  - > Chelsea Sheppard 10 years!
  - > Jody McKinnon 15 years!
  - > John Templeton 15 years!
  - Crystal Lashmar 25 years!
  - Loree Sheehan 25 years!
  - Joanna Harvey retiree!
  - > Tammy Lippert retiree!
- Thank you to Mrs. Quigley, Mr. Scott and Mrs. Kempster for running our Cross Country program!
- Thank you to Ms. Young and our Leadership crew for helping to put on our Terry Fox Run! Thank you to our parent volunteers and the Foods class for baking the cookies!
- Thank you to our teachers & parent volunteers who are helping to coach our fine, young volleyball enthusiasts this season!
- Thank you to Amanda Anderson for the donation of a microwave to help heat student lunches! And thank you to Patricia McKean for the donation of office supplies that will be put to good use!





\*If you would like to recognize someone in this section of the newsletter, please email kmckinnon@cesd73.ca\*

## Band Society Update

Band is in full swing at Cremona School! Our Grade 5 & 6 students are getting excited to attend band camp Oct 23-24, 2023 at Camp Caroline. They will benefit from the experienced clinicians and have ample practice time! Our Grades 7-12 students performed wonderfully at the Academic Awards and are busy practicing their pieces for the Remembrance Day ceremony.

The Cremona School Band Society would like to invite all Band Parents to attend the Annual General Meeting on Wednesday, Oct 4th at 7:00pm in the Library. We are not looking to fill any board positions, we just want to extend an invitation to any band parent that would like to hear what's happening in the band world! The meetings typically last an hour and are usually held on the first Wednesday of the month.

Our annual apple fundraiser was a huge success - this year we collectively sold 485 boxes! The apples will be delivered here and available for sellers to pickup on Thursday, October 12th.



## September/October

inspiration

performance str

In September, Leadership led their House Team Colour Groups in the Terry Fox Run, we also held our annual sorting ceremony that decided the colour groups for all our kindergarten and new students. Thank you to the Foods class for making cookies for our Run! We also held an Orange Shirt Day on September 29th to recognize Truth and Reconciliation Day on September 30th.

## **Upcoming Events:**

Currently, Leadership is planning some exciting events to get us into the Halloween spirit, including a door decorating contest and a "Haunted House" Halloween open house where you will be able to come to the school to trick or treat! We will send out more information regarding this event soon. We are also looking forward to seeing everyone in their Halloween costumes on Tuesday, October 31st!



## **Request for Photos:**

Our Cremona School Remembrance Service is an important tribute to those who have served for our country. As part of the service we include a powerpoint presentation of family members of students and staff who have served or are currently serving in the Canadian (or Allied) military. We try to keep this powerpoint updated so if your child(ren) is/are new to the school or you have not previously been informed of this powerpoint and wish to contribute pictures of family members who have served or are currently serving please scan and email them to <u>lsheehan@cesd73.ca</u> on or before October 27 with Name of Veteran and information about where they served, rank, etc.



## FROM THE SPORTS DESK:



Volleyball and cross country are in full swing now and each of the teams have gotten their first taste of competition. Every team has already shown some great improvement and are looking forward to tournament play. Keep up the hard work and thanks again to all of our coaches and volunteers.

Our Cross Country team had a fun run in Sundre on Sept 20th and through the expert coaching of Mrs. Quigley, Mr. Scott and Mrs. Kempster, our athletes managed to do very well! Good luck to all of our runners at Divisionals on Oct. 4th and Zones on Oct. 11th.













Improving emotional health and well being

Juno House™: Specializing in adolescent girls and young women's mental health presents the Juno House Therapeutic Model of Treatment™

## Navigating Technology with our Youth

#### Andrea Halwas Larsen, BA, MFA, PhD, REACE, Registered Expressive Arts Therapy Consultant, Associate Therapist & Educational Coordinator at Juno House

In this 1.5 hour presentation, we will discuss the role of technology and today's youth. The message of this presentation is not only based on technology, but also about a child's healthy brain development and the necessary parenting/caregiver role in creating healthy, emotional, regulated, and integrated brains. This presentation will address the underpinning of a child's emotional brain development and how to grow it, as well as how technology can dangerously hijack this.

We believe that talking does not grow neurons; experience grows neurons. This workshop is designed to give attendees the skills to become their child's emotional coach. The workshop will provide participants with:

- · An understanding of the basic neuroscience behind healthy brain development,
- The dangers of technology for healthy brain development,
- · Technology use rules that will help your child
- · When building healthy brains, how to identify emotions in your child/student, and

How to become your child's/student's emotional coach in only five steps and in that, build a resilient child.

The presentation is facilitated by a therapist from Juno House who has years of both clinical and facilitating experience. Juno House was founded in 2008 as a Centre of Excellence for adolescent girls and young women who are experiencing anxiety-based mental health issues of self-harm, obsessive compulsive disorders, depression and eating disorders.

## **October 17<sup>th</sup>, 2023** 12:00 PM – 1:30 PM



This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with Juno House.

#### CES@ahs.ca http://community.hmhc.ca/





Mom Tribe is a local support group for new and experienced moms. We welcome moms who are struggling with a wide range of emotions. Our groups are free, safe, confidential and non-judgmental. Registration is open to all of Mountain View County.



From September 21st to October 26th at Didsbury Neighborhood Place

### **REGISTRATION & INFORMATION:**

Register online at www.mvfrn.ca/registrations Call Deb at 403-586-1340 for information



CREMONA SCHOOL ENHANCEMENT SOCIETY'S

## 1 TRAVEL VOUCHER + 2 CASH DRAWS EACH MONTH FOR 6 MONTHS:

- Draw #1 Jan 8, 2024
- Draw #2 Feb 1, 2024
- Draw #3 March 1, 2024
- Draw #4 April 1, 2024
- Draw #5 May 1, 2024
- Draw #6 June 3, 2024

## \$100/TICKET ONLY 500 PRINTED

ALL TRIPS VALUED AT \$4,000 EACH OR TAKE \$3,200 CASH 2ND PRIZE \$200 3RD PRIZE \$100

#### CALL HEATHER FOAT @ 403-542-6310 OR EMAIL CSESOCIETY2011@GMAIL.COM FOR YOUR TICKETS

Travel vouchers to be used towards any Travel Package booked through Amanda Simonds at Go Travel Company. Tickets must be sold only in Alberta to persons over 18 years old. Tickets are nonrefundable. Draw to be made live at the Cremona School on the draw dates indicated. Some raffle rules apply. Cremona School Enhancement Society would like to send a big thank you to **Corrie Tatomir** and **Julie Ryan** for their volunteer work on the CSES board these past 4 years!

On that note, we are looking for a secretary to join our board! We are also looking for volunteers throughout the year to help with fundraising initiatives. If you are interested, please email: <u>csesociety2011@gmail.com</u>



